

# Lessons Learned: Taking EBPs Statewide

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# Implementation of Evidence-Based Practices: GOING STATEWIDE

## ■ Presentation Outline:

- Status of EBP implementation through state mental health authorities
- Lessons learned at NRI:
  - Workshops
  - Conferences
  - Site visits
- Implications for statewide implementation
- Actions needed at federal and state levels

# Implementation of Evidence-Based and Promising Practices: Number of States Reporting Implementation

	2003	2004	2005 (draft)
<b>Supported Housing</b>	15	24	26
<b>Supported Employment</b>	18	27	29
<b>ACT</b>	16	24	33
<b>Family Psychoeducation</b>	5	10	11
<b>Integrated Treatment/Dual Disorders</b>	4	7	11
<b>Illness Self-Management</b>	6	9	10
<b>Medication Management</b>	---	8	9
<b>Therapeutic Foster Care</b>	7	12	20
<b>Multisystemic Therapy</b>	---	5	9
<b>Family Functional Therapy</b>	---	2	6

# Implementation of Evidence-Based and Promising Practices: Number of States Maintaining Fidelity

	2003	2004	2005 (draft)
<b>Supported Housing</b>	2	1	2
<b>Supported Employment</b>	1	3	11
<b>ACT</b>	5	6	11
<b>Family Psychoeducation</b>	0	0	2
<b>Integrated Treatment/Dual Disorders</b>	0	0	3
<b>Illness Self-Management</b>	0	1	1
<b>Medication Management</b>	---	1	1
<b>Therapeutic Foster Care</b>	---	1	3
<b>Multisystemic Therapy</b>	---	2	<b>10 (?)</b>
<b>Family Functional Therapy</b>	---	1	2

# Sources of Funding

- The broad array of evidence-based practices are primarily supported by state general funds
- Medicaid is an important source of funding but more so for ACT, MST, Therapeutic Foster Care than for Supported Employment, Illness Self-Management, and Family Psychoeducation
- Federal Mental Health Block Grant dollars are being used in an increasing number of states to support EBPs

# Number of States Changing Implementation Status of Adult EBPs in States: 2001 to 2004

	ACT		Supported Employment		Medication Algorithm (Schizophrenia)		Medication Algorithm (Bipolar)	
	2001	2004	2001	2004	2001	2004	2001	2004
<b>Planning to Implement</b>	3	7	1	4	9	5	12	6
<b>Piloting</b>	5	3	2	1	4	7	3	4
<b>Implementing Parts of State</b>	24	26	19	16	4	12	3	9
<b>Implementing Statewide</b>	13	15	21	20	5	7	3	4
Number of States Responding	45	44	45	47	21	28	20	20

# Number of States Changing Implementation of EBPs for Children/Youth in States: 2001 to 2004

	MST		Therapeutic Foster Care	
	2001	2004	2001	2004
<b>Planning to Implement</b>	1	3	10	12
<b>Piloting</b>	14	23	15	16
<b>Implementing Parts of State</b>	3	3	0	2
<b>Implementing Statewide</b>	5	4	1	8
Number of States Responding	27	29	26	33

# Barriers Encountered by SMHAs When Implementing EBPs (2004)

*45 States Responding*

Financing issues in paying for EBPs	87%
Shortage of appropriately trained workforce	84%
Attaining or maintaining fidelity to EBP model standards	76%
Modification of the EBP model to meet local needs	60%
Resistance to implementing EBPs from providers	53%

# Factors Affecting Statewide EBP Implementation

- System leadership
- Organizational culture/consensus
- IT capacity/outcomes measurement
- Policies/procedures
- Integration with performance/quality improvement
- Human resource capacity/training
- Funding methods

# Initiatives Used to Promote the Adoption of EBPs

<b>Initiative</b>	<b>2002</b> N=44	<b>2004</b> N=44
<b>Awareness/Training</b>	86%	77%
<b>Consensus building among stakeholders</b>	86%	80%
<b>Incorporation of EBPs in contracts</b>	45%	45%
<b>Monitoring of fidelity</b>	57%	59%
<b>Financial incentives</b>	18%	32%
<b>Modification of information systems and data reports</b>	45%	50%
<b>Budget requests</b>	32%	43%

“It’s not the evidence-based practice, stupid.  
It’s the evidence-based culture.”

■ Short-term

- Leadership commitment
- Consensus across stakeholders
- Outcomes orientation
- Communications/marketing

■ Long-term

- Outcomes orientation in a quality improvement framework
- Incorporation into contracts, incentives
- Training and technical assistance infrastructure

# Complementary Connection Between Evidence-Based Practices and Outcomes

- EBPs are one mechanism to produce better outcomes
- As expected, when outcomes are not achieved, introduction (or modification) of specific interventions can make a difference
- Bottom line: OUTCOMES MONITORING AT THE INDIVIDUAL LEVEL IS CRITICAL

# Adapting EBPs

- “Fidelity is important, but it is the derivations from fidelity which are allowed that defines what happens.”
  - Local adaptations
  - Cultural adaptations
  - Adaptations for rural areas

# Systemwide Expectations

■ “Doing our best is not enough. Sometimes we must do what is required.”

~ Winston Churchill

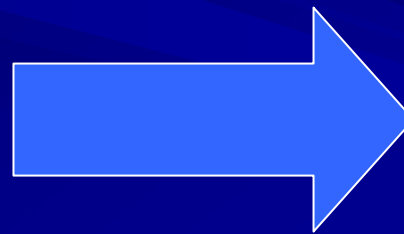
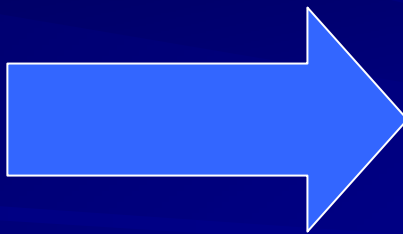
- Role of legislation
- Standards
- Contracts

# Statewide Implementation of Evidence Based Practices

- **Demonstration projects**
  - Training
  - Supports

- **Organizational assessment**
- **Standards/regulations**
- **Financing/fiscal incentives**
- **Training and support**

- **Contractual requirements**
- **Intensive technical assistance / support**



***Early Adopters***  
***("enthusiasts")***

***Late Adopters***

***Non-Adopters***